

'When You Go Home,
Tell Them Of Us And
Say,
For Your Tomorrow,
We Gave Our Today.'



Remembrance Day: Sunday 13th November

St Francis: 9:30 A shortened
Communion Service with an act of
Remembrance

St James: 10:55 am Remembrance
service with songs, hymns,
presentation of wreaths and 2
minutes silence. The Scouts will be
joining us!

www.cowleyteamministry.co.uk



November
2022

Chronicle

From the Editors

Sally Hemsworth and Nicki Stevens

What a busy time we have ahead of us. Remembrance Services at the beginning of the month, then the Craft and Gift Fair at St James Church Centre, followed by the Winter Lights series of events. We hope you can enjoy all or some of these.

Disappointedly, we did not get many memories of Queen Elizabeth II but we are sure you will enjoy the following:

Done on Westward Ho beach – and washed away with the tide soon afterwards. So, this is one which will not be going to the Barnardos Charity!



The next edition of The Chronicle covers December and January – so lots of articles needed for this extra-special Chronicle. Hope to hear from you.

Nicki and Sally

**Cowley Team Ministry:
We are recruiting volunteers!**

**Our lovely treasurer Joan is moving to Bristol!!!!
So, we are recruiting. We need help in the following
5 areas:**

- **Banker(s)**
- **Donations and Gift Aid Secretary (DGAS)**
- **Bill payer**
- **Bank account reconciler and reporter**
- **Contracts Negotiator**

JOIN OUR TEAM

Please prayerfully consider if you can help!

The complex block contains several decorative elements. At the top right, there is a graphic of a row of white chairs with one red chair in the middle, with the text 'JOIN OUR TEAM' above it. Below this is a blue fabric with a pattern of brown spots. At the bottom right, there is a sign with the letters 'S, E, R, V, E' in a stylized font.

A word from the Rectory

Give thanks to the Lord, our God and King, his love endures forever!

2022 is passing at a great speed. It seems hardly possible to keep up with it. We have had monumental changes such as: the passing of our Queen and the arrival of King Charles III; the turmoil of political change of Governments, and within our own fellowship the sad passing of friends. In the background ongoing concerns over COVID and the Ukraine crisis together with the consequential impact of fuel prices! It can all seem such a mess. Where do we look to for help? What has repeatedly struck me are the words from Psalm 121.

“It does not matter where our challenge lies, in God we will find the way forward.”



Where are some of our challenges?

- With Joan moving on, we still need to find some new volunteers to help with the finance management.
- Financially we are running at an overspend heading towards £6000
- The post COVID environment is still challenging, and patterns of Sunday life have changed.
- Life has changed for some volunteers, who slowed down during COVID.

There are many other areas as well. But there is also growing and strengthening: The addition of our two curates has brought extra energy and vitality. The work we are doing in schools is flourishing and thriving. We see the gifts of our church membership growing and being used. We have new church family members that are a joy to welcome.

The truth of Psalm 121 is oh, so true. We find his love in all these situations. Psalm 23 says “Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me”. The truth of Psalm 121 is not seen most clearly at any one moment, but in the whole of the journey. The more we lean on him the greater we discover his power to aid us. So let’s keep bringing to him our prayers and intercessions. Give thanks to the Lord, our God and King, his love endures forever!

Every blessing to you.
Revd Geoff
Rector Cowley



Benson Cottage

Psalm 121 : A song of Ascent

- ¹ I Lift up my eyes to the mountains –
where does my help come from?
- ² My help comes from the Lord,
the Maker of heaven and earth.
- ³ He will not let your foot slip –
he who watches over you will not
slumber;
- ⁴ indeed, he who watches over Israel
will neither slumber nor sleep.

COWLEY WOMEN'S INSTITUTE

This month we started our meeting by having a delicious lunch for our members in the Church Centre, this is something we hope to do each year, and we all really enjoyed it.

Our meeting continued with our speaker, Helen Plumb who gave us a very interesting talk on "Pearls". Helen is a geologist and gem dealer who gave us a brilliant insight into her world.

Some of us also brought our own Bling along for Helen to have a look at.

Our next outing is to Woodstock, by bus on

2nd November to have a browse, go in the museum and have a light lunch.

November 16th is our next meeting and we will be decorating jars for Christmas, lots of paint glue and chat. This will be followed by Tea, Cake and Raffle

Please come along and see what we do , we are always very happy to welcome new friends.

Kathy Hulcup
Secretary Cowley WI

FAIRTRADE - where are we with it as a Church and Parish?

The PCC has now agreed unanimously to confirm our determination to work harder at Fairtrade Parish Status, as we declare we are living by the Kingdom principles of caring for those who produce, process and transport our food. So we have now rebooted our fairtrade commitment!



We confirm that we will stock the kitchen only with those fairtrade products which are readily available in the shops so *all such donations to kitchen supplies should be Fairtrade, please*

Any non-Fairtrade donated items of goods which are readily available in the shops will be graciously received but passed on to the Community Emergency Foodbank



Note that the Co-op and Sainsbury's, along with Headington Fairtrade and Fairtrade at St Michael's, are suppliers.

CHILDREN'S CORNER

I'm very impatient. When I start to read a book I try to find the details of the story and then often turn to the last chapter to find out what the ending is. Without knowing anything about the plot or what goes on in between the beginning and the end, that can be very interesting, informative and often funny. Of course, that is not what the author wanted you to do nor is it really any good to only know the answer to a problem. What happens in between is usually the reason why the story was written in the first place and can be more interesting than simply knowing the answer. Think of it as an animal. A head and a tail but no good without the 'middle bits'.

When I was at school, a long time ago there were no computers, no mobile phones and certainly no 'multiple choices', at least, not in the same way as examination questions. Occasionally, a solution was given to a problem or alternative endings to discuss were given to a story, but the interesting parts were in the middle part of the book and in working out the problem. Without the middle of the story or time taken to work through a problem, there could be no answer.

As we grow up, we have different interests and friends. We meet many different people, young and old and develop skills and interests of our own. Not everyone is the same so the end of the story for each of us will be different. Wouldn't it be boring if we all did the same thing and everyone turned out to be the same! That is not to say that we aren't all important. Of course we are. 'Variety is the spice of life' they say. Each one of us is a part of a huge family so that means young and old. Some people like you are at the beginning of 'Life's Story', and as children and young people growing up, learning all the time from each

other. Others who may be older, can teach us from their own story of life how to live together and to learn their skills.

You never know who you may meet on a journey. Nowadays I find that I have to re-learn some of my living skills from much younger people because life changes. If I had known when I was a young man what I would be doing during my life, or how old I would become, perhaps I would not have worked so hard or bothered to do the things that I did. But the middle part of my life story has been just as exciting as it was when I was younger, and I still can't know all the answers! I never will, but I do like to keep learning.

There are 'multiple choices' all the time when you are growing up and they keep coming whatever you may learn or do, but there is never only one correct answer. That is where you have to work out the middle part of the story for yourself and it can be very interesting and happy. It is up to you to work on it. When you read the middle part of a story, there are so many ways that it could end. Finding out the reasons why the next part takes place would be completely lost if you were only looking at the beginning and end. So it is so important that we use our time to learn from each other, and for you to make the most of your 'life story', including the middle bits.

Uncle Ben

P.S. Have you been out for that walk yet to throw those poppy seeds on a path so that there will be poppies next year? If not, get cracking on your next walk by the river or even scatter them at the side of a play area. And please let me know when they come out next year

MOTHERS' UNION NEWS

It almost goes without saying that the October meeting of the Mothers' Union prayer group was a great success. That was because our speaker was the Revd. Mark Oxbrow who always brings interesting topics to share with us. This time too, we enjoyed pictures on TV of his experiences at the Lambeth Conference held back in the summer in London.

Mark told us of the variety of headings under which the three-week conference was held. He was invited to focus on Discipleship, a subject to which he is no stranger. 800 bishops, archbishops and their spouses attended (*who knew there were so many?*) and he 'introduced' us to several of his friends.

Next month's meeting is being hosted by Val Goodall and our curate, Liam Cartwright, is our speaker. We are looking forward to what Liam has to say.

The lovely MU Christmas cards will be on sale, with our new diaries and calendars. We shall be planning our Christmas party as well – so we expect it to be a lively meeting!

Rosanne Butler

SUPPORT PHONE NUMBERS

NEEDING ADVICE OR HELP? or just want to talk?

SOME USEFUL LOCAL NUMBERS:

Citizens Advice:	08082 787 909
Oxford City Council:	01865 249 811
Oxfordshire Mind:	01865 247788
Red Cross <i>coronavirus support line</i> :	08081 963 651
Samaritans <i>available 24/7</i> :	116 123
The Archway Foundation:	01865 790 552
Mental Health helpline <i>available 24/7</i> - NHS Oxford Health:	
Adults:	01865 904 997
Children/young people:	01865 904 988
Age UK—new telephone service for older people	01865 411288

Have you been receiving a lot of scam calls on your phone, some of them quite scary? If you are concerned about them, you can obtain help by:

- phoning 03450 700 707 – that's a special department set up by the police *OR*
- Silver Lines, open 24 hrs for assistance on 08004 708 090 - this is a charity set up by Esther Rantzen, primarily to assist those elderly people in need of assistance and who live alone and are in fear of being abused.

OPEN THE BOOK telling scripted Bible stories in assemblies for our three Parish schools – an essential part of our mission to the children of Cowley

URGENT RECRUITMENT for the Open the Book team continues!

Our teams are depleted! You have two new members – curate Liam Cartwright and Shalom Gurjar from Grace Church – but neither is available every time so more team members are urgently needed in each school. Jill Ling has taken on the sourcing, creating and storing of props but would welcome a co-creator.

Our commitment is for alternate weeks in each school but you can do as little or as much as you wish – only Lesley Williams is now in all three teams; all others are in just one. The roles are assigned a fortnight ahead; we meet at the school half an hour before the assembly to rehearse, usually with some children taking some of the parts. It's fun and much appreciated by the schools and the children and of course shares The Word with the next generation.

- alternate Mondays at 8:45 – arriving at 8:20 – St Christopher's School, Temple Road
- alternate Tuesdays 2:45 – arriving at 2:15 – Church Cowley St James School, Bartholomew Road
- alternate Thursdays 10:30 – arriving at 10:00 – St Francis School, Horspath Road

We are also now supporting the development of a team for St Frideswide School, Cricket Road, with the Parish of St John - SS Mary and John Church. We still plan to host a training by The Bible Society's Open the Book national team, open to all Oxford churches but it will now have to be in the New Year.

To learn more about what's involved, talk to Geoff – Lesley Williams – Jill Ling

REAL ADVENT CALENDARS

If you failed to get round to ordering the calendars you meant to give to a favourite young or older person, don't worry – they will be on sale at the Gift and Craft Fair – or from Lesley Williams

£4.50, with 24 fair trade chocolates and a 24-page booklet telling the Christmas story, quizzes and challenges.

JOHN SHREEVE'S ARTICLES FROM PAST CHRONICLES

ST MARTIN'S OF CANTERBURY – OUR MOTHER CHURCH

(NOV 2010)

Although many people regard Canterbury Cathedral as our mother church, the honour should really go to St Martin's. For St Martin's was already old when Augustine came in AD597 with 40 companions – monks and interpreters to preach the good news of Jesus Christ to King Ethelbert and the people of Kent. Bede's History, completed in 731, says what happened:

“On the East side of the city there was an old church in honour of St Martin, built during the Roman occupation of Britain, where the queen, who was a Christian, was accustomed to pray. Here they first began to assemble to sing the psalms, to pray, to celebrate mass, to preach and baptize, until the King was converted to the faith, and gave them greater freedom to preach and to build”.

The story begins in the 580s when Ethelbert married a Frankish princess, Bertha. She had been brought up in Tours, where St Martin had been bishop two centuries earlier. One of the conditions of the marriage was that Bertha should be able to continue to worship as a Christian. She was therefore accompanied to Kent by a chaplain, Bishop Liudhard, and was given a former Roman building – part of the present church – beside the old Canterbury to Richborough road, as her royal chapel.

St Augustine enlarged the original small chapel into the present larger church. He then began work on his abbey (now

unfortunately in ruins), and later Canterbury Cathedral. These buildings all form part of the present Canterbury World Heritage Site, and St Martin's claims to be the oldest church in continuous use in the English-speaking world. This claim is very valid, for St Martin's is still very much a working Parish Church, with Sunday and weekday services for all people, as it has been throughout the centuries. It is not just a museum for visitors to look round.

At a time when so many of our ancient village churches are falling into disrepair, I am filled with awe that this venerable building has survived so well and in such good shape, unlike its illustrious neighbour which is having to have extensive replacement and repair to its stones.

Its simple design with its squat tower and thick walls has weathered well. The outside is mirrored on the inside which again is straight-forward without any fussy embellishments or monuments. Just a plain nave and chancel without any side chapels. The old Roman and Saxon stones are clearly visible and without any polishing or dressing, which seems much more in keeping with the building. The altar has a cloth of an unusual green. Just a metal cross with a vine representing Christ's church. It has an ancient carved stone font believed to be Saxon or early Norman. One of the windows depicts women who helped to spread the faith, including Queen Bertha

and her daughter Ethelburga, who converted King Edwin of Northumbria. It has a piscina for washing Holy vessels and a Christatory for containing Holy oils – now very rare. It also has a squint window so that Lepers could view the church from the outside. There is a statue of Queen Bertha in the chancel.

So there is a lot of a historical nature about the place but also more modern things to interest the visitors – a candle holder for

prayers and prayer requests and a corner in which leaflets, postcards and booklets are for sale. A member of the church congregation was on hand to answer questions or give advice. This, I thought, was a caring touch.

To anyone interested in church history, this building is a delight and it is heart-warming to know that its parish life is still vigorous and full of ideas.

Long may it continue to be so.

John Shreeve

Prayer Space

O Gracious and holy Father,
Give us wisdom to know you,
Intelligence to understand you,
Diligence to seek you,
Patience to wait for you,
Eyes to behold you,
A heart to meditate upon you,
And life to proclaim you
Through the power of the Spirit of
Jesus Christ our Lord.

Attributed to St. Benedict

Almighty God,
yours is the hand that created the universe, the power that shapes the course of history,
the love that moves through all things and the grace that opens up the way to life.

Receive my praise,
and open my heart to know you better each day, until that great day when I meet you
face to face and rejoice in the wonder of your presence.

Amen

Taken from "Prayerfully Yours"
by Nick Fawcett

A WARTIME CHILDHOOD

(Part 24)

This month I want to tell you about an event which had a profound effect on me as a little girl during those war years.

As I have mentioned before, I had a little friend the same age as me, Margaret. She was part of a large family and had several older brothers, one of whom was a very bright lad. Years before Margaret and I passed our scholarships to go to grammar school, John had been the only boy from the village school to do so. He went on to pass his School Certificate at 16 and then Higher Certificate at 18. By then, the second world war had begun, and John had joined the RAF.

With such good exam grades he qualified to go to college at Cranwell – the RAF equivalent of university. His parents were not educated people and getting letters from home was pretty much impossible, so that was where my mother came in. She was very fond of John and was also very fond of writing letters, so you can see where this is going, can't you?

When she sat down to write, she suggested that I and my little friend (who was John's sister) might like to write letters too. Well, we did. And that set up a wonderful series of correspondence. John would include lovely notes for us and brilliant illustrations, as he was a clever artist, as well as a very intelligent boy.

Then one day, after he had qualified as an RAF Officer, he wrote to say that he was coming home on leave and bringing his girlfriend to meet the family. Margaret and I (both aged about 7) thought it was most romantic!

A few months later, John brought his lovely girl back again and announced that they were engaged to be married – even more romantic! We little girls dogged their footsteps and I smile now when I think of this young couple going for a quiet walk down one of our lovely leafy country lanes – followed by two little girls who had no idea of how much they wanted to be alone.

By now, John was serving in the crew of a Lancaster bomber, going on night raids over enemy territory and his letters had to be carefully written to comply with security. However, we finally heard that he and his fiancée had married and were very, very happy.

Soon afterwards a telegram arrived at his parent's home stating that his aeroplane had "gone missing". No further news came through except that his lovely young wife was expecting their baby. The baby girl was born and named Rosemary, but sadly her father never returned home. He was one of our brave airmen and together with his aircraft, shot down and destroyed in a mission to keep our country safe. I, even at such an early age, was devastated – as indeed were my parents.

At this time of year when we remember those who gave their lives in time of war, I think of John, of his young widow and the life of the little girl who never knew her father. He was such a lovely person. I am very sad and truly grateful to him and all the other young people who died during those cruel conflicts – for the sacrifice they made for *all* of us.

Rosanne Butler

Film Club at the Centre

It was exactly ten years ago in October that our first film club began. Howard and Carol lived in the Rectory and Margaret Martin, Gwen Ranklin and Alan Howell were our church wardens. Things have certainly moved on since then. However, our original format for the club hasn't changed and we are still going strong.

A 6.30pm start with a 'cuppa' and cake or a scone, a chance to catch up with old friends and chat, a lovely cosy room at the centre, Chris, Pat or other helpers at the drinks counter, Sally (formerly Dave Stanley) to set up the film – and off we go!

We will stick to rules of no admission charge (just a retiring donation), no advertising posters, a registered membership, and a se-

lection of films, old and new – still the way forward.

October's film was well received by the biggest membership attendance since our post-covid sessions began at the beginning of the year.

This month's film 'The Favourite' should be a winner too, as it stars Olivia Coleman in her role of Queen Anne, for which she won an 'Oscar' for her performance. It relates to her relationship with the (then) Duchess of Marlborough – Lady Sarah Churchill.

Copies of next year's programme are now available and can be collected when we meet on November 11th.

Rosanne Butler

LOCAL HOUSE OF PRAYER

Thursdays 7:00-8:00 pm

St James Church;
St Luke's Chapel

Our powerhouse of
prayer for:

Cowley and Oxford

Giving thanks and
asking Go9d's blessing



For more information contact Jill
Ling 01865 778 243

 LOCAL HOUSES OF PRAYER
RELEASING HEAVEN'S PURPOSES ON EARTH

REPORT FROM PAROCHIAL CHURCH COUNCIL

The PCC met on the 16 October 2022, and had a long agenda. It discussed:

Finance:

- A detailed report was received on finance. Three-quarters of the way through our financial year and all the major annual costs, such as insurance, have been made. Donations are pretty steady but proportionally down by £2,500 on last year's income. Expenditure has increased compared to this time last year, and at the end of September, expenditure was over £4,000 more than our income. There have been increases in the cost of water at both churches, gas at St Francis Church, cleaning at St Francis, service consumables (wafers, candles, etc), stationery among other things.

In addition, the Parish Share is going to increase in 2023 by 3.16% (£48,460 to £49,991).

Lettings are good at St James Church Centre and St Francis Church, but expenses are increasing – tree work, PAT testing, cleaning, gutter clearing, fire and safety lighting.

- An Energy Saving Review has been undertaken on all three buildings. A written report has not yet been received but as it is known that savings on water heating and lighting can be obtained, estimates are being obtained for this work.

General Church Matters:

There was an upbeat report on the work of our two curates – Liam Cartwright and Josh Hordern, and on those people investigating the Ministry. Lay leadership for Liturgy is also going well. The Christmas Service times were agreed.

The PCC received reports from both St James and St Francis Church Committees. These reports set out details on any action required in the churches and Church Centre. It was noted that the provision of digital projection at St James Church was progressing satisfactorily and additional storage space in the study at the Church Centre was agreed. In addition, Christmas Lighting at both churches was thought a very good idea.

There was detailed discussion on the Quinquennial Inspections at St James and St Francis Churches. Quinquennial inspections are undertaken every five years and look at the structure of our churches. There is a list of action on both churches, but nothing major was needed. Church Committees will keep an eye on the work required and keep a note of our progression through the list.

The following programme of meetings has been agreed:

- St James Church Committee, Thursday, 1 December 2022, at 1 pm, St James Church Centre
- St Francis Church Committee, Sunday, 4 December 2022, 11 am (after Church Service)
- PCC Meeting, Sunday, 11 December 2022, 1 pm, St James Church Centre
- St Francis Church Committee, Sunday, 5 February 2023, 11 am (after Church Service)
- St James Church Committee, Thursday, 9 February 2023, 1 pm, St James Church Centre
- PCC Meeting, Sunday, 26 February 2023, 1 pm, St James Church Centre (to discuss draft accounts)
- PCC Meeting, Sunday, 26 March 2023, 1 pm, St James Church Centre (to discuss inspected accounts)
- Annual Parish Meeting and Annual Parochial Church Meeting, Sunday, 23 April 2023, St James Church Centre (shared lunch)

There is a shortage of members for the Church Committees and the PCC – if you are interested in becoming a member please discuss with Geoff.

You will see that the Annual Parish Meeting and Annual Parochial Church Meeting will be taking place on the 23 April 2023, over a shared lunch. A date for your diary, I hope?

Sally Hemsworth
PCC Secretary



**Supporting you
through everything**

Whether you are a home user
or a business,
the largest independent
computer support company in
Oxford is here for you.

**01865
717088**  **Computer
Assistance**

shop@computerassistance.co.uk

RECIPES

Crafty Mandarin Pudding (3-4 portions)
(From Cakes, Bakes, Puddings and Prayers by Susan Over)



Ingredients:

- 50g (2oz) butter or margarine
- 2 eggs
- 150ml (quarter pint) milk
- 50g (2oz) sugar
- 1 teaspoon vanilla essence
- 225g (8oz) tin mandarin segments
- 4 slices 'day old' thick granary bread, or use white bread if you prefer
- 4-6 squares of plain chocolate for decoration

Method:

1. Melt butter or margarine in a medium-sized casserole dish in the microwave for about 3-40 seconds
2. Add eggs and beat well
3. Stir in the milk, sugar, vanilla essence and drained mandarins. Mix well.
4. Remove the crusts from the bread, cut into cubes and stir into the mixture. Leave to stand for about 5 minutes.
5. Microwave on FULL power for 5-6 minutes or until set.
6. Melt the chocolate in the microwave on LOW power for 1 minute, then drizzle or zigzag it over the top.

7. Allow to cool for a couple of minutes before serving with vanilla ice-cream or single cream.
- 8.

Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God.

Philippians 4:6 (NIV)

Father, thank you for who you are and thank you for all you have done and will do for me; forgive me for forgetting your promises so often and worrying about tomorrow unnecessarily. Help me to live today relaxing in your love and resting in your care. Amen

COOKERY TIPS

Sometimes the old simple recipes are the best but a slight variation can add a little 'extra' that gives a delicate difference. Try these simple changes and see what you think.

When making pastry for a tart or pie, add milk instead of water to bind and substitute a small amount of SR flour in place of some plain flour. It will give a lighter result. The same suggestion applies for Hot Water Pastry for meat pies.

Add a small amount of custard powder to the pancake mix instead of plain cornflour, or if the recipe doesn't suggest any cornflour. The result will give a slight almond taste and the pancakes will be even better if cooked in butter. (I use the spreadable butter alternative from Lidl.)

Instead of buying Museli Mix make your own with hot Scottish Porridge Oats and add your own mix of chopped apple, and any of the mixed dried fruits that you happen to have in the cupboard. Or use simple Own Brand Corn Flakes as the base plus fresh or dried fruit and nuts. That way you can change the cereal each day and the proportion of added items. You do not get bored and you control the sugar content that is high in the ready-made mixes.

If the recipe requires caster sugar and you have none, put granulated sugar in a blender and give it a short blast. Result, fine sugar that does the trick.

An economic quiche can be made using a pack of bacon/gammon off-cuts. (Usually 900gm. and sufficient for the filling of two quiches). Cut into small pieces and partly cook the off-cuts. Line a greased tin with pastry, fill the trays and break a large egg (whipped) over the bacon. Alternatively, use some of the pastry to line a greased deeper tin or foil container. Fill the container with the partly cooked bacon and add chicken and vegetable cuppa-soup, made with slightly less water but still liquid. Cover with pastry and cook in the oven. If you find some gammon off-cuts, the gammon may need to be soaked to lower the salt content. On the other hand, if you are lucky enough to find a real butcher, he may be pleased to 'find' some off-cuts for you ! Enjoy.

D.O.Nutt

COWLEY FESTIVAL OF CHRISTMAS TREES 2022

Theme: Peace of Earth

Dates : Friday 9 December – the opening reception – through to Sunday 18 December - the closing outdoor carol service

Our final planning meeting was on Thursday 3 November – a month to opening – and now is the panic time as we await booking forms from those entering trees – and hope there will be enough volunteers to help us – it's a big commitment but so important for the Church in the community.



We also look forward to welcoming hosts to accept the 'travelling trees of peace', as they share God's peace with schools, churches, community settings, shops – and parishioners' homes.

So what can you as a Chronicle reader do now to be involved?

- ∅ enter a family tree in the festival – or one from your workplace or a group/club to which you belong.
- ∅ ask to be a 'travelling tree of peace' host for 48h between 27 November and 18 December.
- ∅ sign up to deliver the invitation cards for the festival and the Parish Christmas services around the local streets.
- ∅ sign up to help put up the advertising banners and arrow signs around the area.
- ∅ sign up to be a steward/welcomer during the two festival weekends.
- ∅ sign up to help with refreshments at one of the concerts.
- ∅ buy concert tickets.
- ∅ knit/crochet/create doves of peace to gift to the community, hanging them with a festival invitation card around Cowley on fences, hedges, park seats etc.
- ∅ bring/send family, friends, neighbours, colleagues to the festival.

ctf@cowleyteamministry.co.uk

Cowley festival of Christmas trees 'Peace on earth'



St James Church
Beauchamp Lane
OX4 3LF

10 – 18 December 2022

fundraising for : ROSY & SeeSaw

www.cowleyteamministry.co.uk



Cowley festival of Christmas trees 'Peace on Earth'

Templars Square shops quiz trail

travelling trees of peace between schools,
churches, community settings , shops

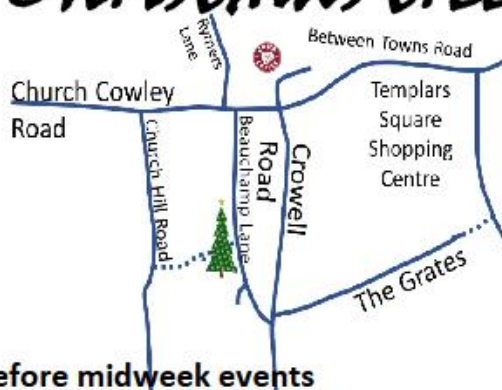
festival open

Saturday 10 & 19 10:00 – 4:00
Sunday 11 & 20 2:00 – 4:00 and before midweek events

and also

Saturday	3	10:00 – 12:00	Advent candles	<i>in Templars Square</i>
Saturday	10	10:00 – 11:30	Messy Christmas + Christingles	
		7:30	Jubilee Brass concert	
Tuesday	13	7:00	Rising Voices choir	
Wednesday	14	7:00	harmony singing workshop	<i>Emily Marshall</i>
Saturday	17	4:00	The Gospel Jazz Project	
Sunday	18	4:30	churchyard carol service	

with the return of the travelling peace trees



From the Archives

LEST WE FORGET

November 1979

My son and I visited Ypres a little while ago, particularly to see my father's name on the Menin Gate. We were quite captured by this little city. The Menin Gate, an entrance to this city, commemorates 55,000 men who have no known graves, quite apart from those who are buried in the 86 other cemeteries at every turn of the road, beautifully kept by the War Graves Commission. Not a scrap of litter, or any graffiti, deface the beautiful Menin Gate, and every night at 8 o'clock the local Fire Brigade sounds the Last Post, and this after sixty years. Two Policemen arrive just before the hour and stop the traffic. They then stand at the salute until the Last Post has sounded, and we were surprised at the number of people who stood there at attention.

The huge Cloth Hall and the Cathedral, both rebuilt to their original glory, come into view as soon as you leave the Menin Gate, and after a short walk through a narrow street you come into a very wide Boulevard. A memorial church of St. George has been built close by and in it a window has been dedicated to the memory of the Oxfordshire & Buckinghamshire Light Infantry. The ground floor of the Cloth Hall has been made into a Museum of the First World War, where one is reminded of the ghastly waste and slaughter.

We visited Hills 60 and 62, where at Sanctuary Wood some of the trenches still remain. Poperinghe, Passchendaele (where another 35,000 'missing' are commemorated), Langemarck and Polygon Wood, and tried to remember what it was all about!

A debt of gratitude is owed to the Belgian people for their care and respect for these memorials.

I. M. Brown

Shaun Guard

TV AERIAL SERVICES

- Poor reception solved
- Aerials - supplied & repaired
- TV's - hung on your wall or set up & tuned
- Internet - extension points & improved wifi
- Extra TV Points - for aerial and Sky (also in HD)
- Sky TV - also foreign language satellite

OXFORD AERIALS

www.oxfordaerials.co.uk

Call Oxford
01865 400141

DATES FOR YOUR DIARY

Parish Events are planned through the Cowley Parish Mission & Social Planning Meeting – next meeting 9 January 2023

If you have ideas for events please attend the meeting (ZOOM Meetings) or speak to Lesley Williams. This group tries to avoid clashes of Parish events so that we can enjoy them all.

Remembering loved ones service

4 pm Sunday, 6 November 2022, 4.00 pm St James Church

Film Club

Friday, 11 November 2022, at 6.30 pm, St James Church Centre

Film: The Favourite

Remembrance Sunday Services, 13 November 2022

9.30 am St Francis

10.55 am St James Church

Mission Giving Meeting

Tuesday, 15 November 2022, 7.30 – 8.30 pm, St James Church Centre

The meeting will be deciding how to allocate £2,000 (5% of the 2021 planned giving to the Parish) to small Christian charities. **ALL ARE WELCOME.** If you cannot attend but have some suggestions, please contact Lesley Williams.

Cowley Women's Institute

Wednesday, 16 November 2022, 2 – 4 pm, St James Church Centre

Winter Lights Events – articles in The Chronicle give more details:

18 November 2022 -Winter Lights, Ark-T

18/19 November 2022 – Finding the Light, Florence Park

18-20 November 2022 – Oxford Light Festival Weekend

19 November 2022 – Magdalen Road Festival

20 November 2022 – Wilkins Road Christmas Tree Switch-On

Craft and Gift Fair, St James Church Centre
Saturday, 19 November 2022, 10am – 1 pm

Parish Meal, St James Church Centre
Friday, 2 December 2022, 7 pm

Get in the picture, Templar Square

Saturday, 3 December 2022, from 10 am

St Francis Thrift Fair

Saturday, 3 December 2022, 10am – 2 pm

Christmas Tree Festival, St James Church

9 – 18 December 2022 – detailed programme



ST FRANCIS THRIFT SALE

JEWELLERY, DECORATIONS, BOOKS, HOUSEHOLD
ITEMS, KNICK-KNACKS & MUCH MORE

AND

CAKE SALE

St Francis Church, Hollow Way,
Headington, Oxford OX3 7JF

Saturday, 3rd December 2022, 10am-2 pm



TO RAISE FUNDS FOR ST FRANCIS CHURCH

ST. JAMES CHURCH CHRISTMAS GIFT AND CRAFT FAIR

Saturday 19th November 2022

10.00 am to 1.00 pm

St James Church Centre, Beauchamp Lane,
Cowley

Enjoy refreshments while you shop

Excellent Christmas Raffle with really good prizes

Home-made cakes and preserves

Hand-made crafts

Good second-hand books and puzzles

Usborne Books

Tombola and lots, lots more



all at prices you can afford

All proceeds will go towards refurbishment at St James Church
Please come and join us

Christmas Party

Friday Dec 2nd

7:30 pm

Church Centre Beauchamp Lane

Starter:

Vegetable soup

or

Pate and toast

or

Melon

Main course:

Salmon cooked in
butter and garlic

or

Turkey, pigs in
blankets, stuffing,
gravy

or

A vegetarian option
(as yet undecided)
(All served with
vegetables)

Pudding:

Mincemeat
crumble
(gluten free
available)

or

Fruit salad

or

Lemon Meringue
Pie
(All served with
ice-cream or
Custard)

Come and join us for a gentle evening. You will need to book up your menu.
Geoff is cooking and again is going to try not to over cater by his usual
trick of 50%! We have maximum numbers of 80 seats so get in quick!

How can you book up?

- You can contact Geoff direct.
- You can sign up on one of the sign-up sheets.
- You can contact the church office.

We hope to cover costs by donations collected on the evening.
If the menu above does not fit your needs have a chat with Geoff and he
will see what we can do!



A free course to help you manage
your money better and learn to
budget, save and spend well

Course info

budget. save. spend.

The free CAP Money course has been running since 2009, empowering
people to gain control of their finances.

Now's the time to sort out your finances.

- Learn how to budget, spend and save well
- Set up a simple system
- Plan for the future
- Deal with debts
- Free online budgeting tool
- Confidential group course.

Saturday	19 th Nov, 10 am	78 Old High St	Contact
	26 th Nov, 10 am	Headington	Kath Jackson
	3 rd Dec, 10 am	OX3 0SW	07825 580435

Please plan to attend all three sessions.

Sign up online:

www.capmoneycourse.org or [register here.](#)

ADVERTS FROM OLD COWLEY CHRONICLES

COWLEY PARISH HALL

Between Towns Road
Morning, afternoon and evening bookings available
Please phone the Bookings Officer: Oxford
(after 5.30pm Mon-Fri; and all day weekends)

JUNE 1983

NOVEMBER 1983

Saint James' Church Hut
Beauchamp Lane Cowley
Two rooms for hire.
Access to kitchen facilities if required.
Ideal for club meetings, Jumble Sales, Tutorial Classes and Social Functions. Morning, afternoon and evening bookings available.
Please phone John Oxford

CHRONICLE

Editorial Team- Sally Hemsworth, Nicki Stevens

Deadline for the next edition: Monday 21 November 2022

If possible, please send entries by email to Sally at chronicle@cowleyteamministry.co.uk.

Paper contributions should be left at Parish Office for the attention of Sally.

The Editorial Committee in no way accepts responsibility for goods or services supplied by our advertisers, errors and omissions excepted.

THOUGHTS

A NEW BEGINNING

Break through a whole new life in less than a day.
Here's how:

*Buy ten self-help books.
Take them home.
Put them in a pile on the floor.
Sit on them.
Watch television!*

*Seek beauty in a raindrop,
but make sure you've got a good raincoat!*

Never too late?
*Does it feel too late to your life?
If so, put all the clocks in your house back by at least three hours.
Now use those extra three hours to change your life.*

Trust
*Trust your feelings!
Give them space to express themselves.
Let them go out to the shops on their own.
But tell them not to take sweets from strangers!*

Caring & professional
Foot Health Practitioner

**Routine nail trimming; corn & hard skin re-
moval; diabetic foot care and advice; mildly
ingrown, thickened and fungal nails**

**Home Visits or clinic appointments -
Full PPE- sterilised instruments -
insured & DBS checked**

Kate Reid MCFHP MAFHP

07952127534

kate@nurturefootcare.co.uk

Poetry Corner

For the Fallen

With proud thanksgiving, a mother for her children,
England mourns for her dead across the sea.
Flesh of her flesh they were, spirit of her spirit,
Fallen in the cause of the free.

Solemn the drums thrill : Death august and royal
Sings sorrow up into immortal spheres.
There is music in the midst of desolation
And a glory that shines upon our tears.

They went with songs to the battle, they were young
Straight of limb, true of eye, steady and aglow.
They were staunch to the end against odds uncounted,
They fell with their faces to the foe.

They shall not grow old, as we that are left grow old:
Age shall not weary them, nor the years condemn.
At the going down of the sun and in the morning
We will remember them.

They mingle not with their laughing comrades again;
They sit no more at familiar tables of home;
They have no lot in the labour of the daytime;
They sleep beyond England's foam.

But where our desires are and our hopes profound,
Felt as a well-spring that is hidden from sight,
To the innermost hearts of their own land they are known
As the stars are known to the night.

As the stars that shall be bright when we are dust,
Moving in marches upon the heavenly plain,
As the stars that are starry in the time of our darkness,
To the end, to the end they remain.

Laurence Binyon
(September 1914)

GARDENING PARTY



HELP REQUIRED – COME AND BOOST THE NUMBERS LOOKING AFTER THE AREA AROUND ST JAMES CHURCH AND ST JAMES CHURCH CENTRE.

LAST SATURDAY OF EACH MONTH (EXCEPT DECEMBER) – 9.30 AM ONWARDS AT ST. JAMES CHURCH CENTRE.

Come and have fun, fresh air and exercise as we prepare the St. James Church Centre garden for another beautiful spring and summer showing. If possible bring your own tools but some will be available. Both heavy and light work available plus coffee and cake.



Do you shop on-line with Amazon? If you do you may be able to help us raise a bit of money towards the toilet in St James Church.

Smile.amazon.co.uk is a website operated by Amazon with the same products, prices, and shopping features as Amazon.com. The difference is that when you shop on Smile.amazon.co.uk, the Smile.amazon.co.uk Foundation will donate 0.5% of the purchase price of eligible products to the charitable organization of your choice.

We are listed as the charity: The Parochial Church Council of the Ecclesiastical Parish of Cowley, Oxford



Link to online giving!



There is a button on our website which enables our supporters to make a one off payment online. It will take you to the 'give a little' web site where you can decide how much you would like to give. You can also scan this image and go straight there!



<https://givealittle.co/campaigns/49eef694-09d1-4ee3-8810-6ac86d972e6c>

CHURCH WARDEN'S REPORT

October proved to be a very sad month when we said 'goodbye' to many of our friends. Jenny Frew, who arranged flowers in Church for many years, was overtaken by Motor Neurone Disease and we will miss her very much. Freda Yeates lost her dear husband, John, after a short illness. Elivena's sister, Surina, was taken from her devoted family and dear Erma Clarke, who had spent quite a long time, happily, in Iffley House, passed away after a short time in hospital. Chris Lee battled with illness for many years and passed away at the end of September with her family beside her. Chris had moved to Witney and was very happy in her new home. We will all miss these very special friends and our prayers are with their families. St James is a big family and we are here for all who need comfort and help in difficult times.

Our two Curates, who joined us in early July, have preached during October. Liam preached on prayer and worship and Josh on uncertainty in our world and on the certainty of Christ. We enjoyed listening to two very different sermons and realise what a joy it is to have Liam and Josh as part of our Ministry joining Geoff, Mark, Max and Alison.

Our prayers are with those of us who are finding difficulty coming to terms with the increase in food prices and utility bills. We have all got to make adjustments and with God's help we will come through these difficult times.

God bless

Chris Woodman

A Good Read

The Italian Matchmaker by Santa Montefiore

The walls of the palazzo held secrets hidden until now...

Luca has to admit his life is empty. His marriage is over and he barely knows his young daughters. In search of serenity, he flees to Italy, to the magical Palazzo Montelimone lovingly restored by his parents, to reconnect with himself.

But life on the sun-drenched Amalfi coast is not as peaceful as Luca hoped. The palazzo is filled with his mother's eccentric friends and haunted by the ghosts of its murderous past. Then he meets a woman whose dark eyes are heavy with sorrow and a solemn little boy with an incredible secret.

As Luca begins to unravel a mystery that has its roots in a long-ago act of violence, Luca is forced to face his greatest fear in exchange for the greatest truth.

Chris Woodman

OXFORD LIGHT FESTIVAL WEEKEND

Friday 18 – Sunday 20 November 2022

<https://www.oxlightfest.com>

Celebrating the city and its cultural life

Glorious illuminations in the city centre and in hubs around Oxford's communities, activities created with and by residents, families and schools and events to enjoy together across the city - Cowley, Blackbird Leys, Rose Hill, Cutteslowe, West Oxford

The 2022 festival is being led by Oxford City Council with a festival leadership consortium of partners: Fusion Arts, Film Oxford, OCM (Oxford Contemporary Music) and AOFS (Arts at the Old Fire Station). The festival has been funded by Oxford City Council and sponsored by Oxford Business Park.

The website also provides help with creating your own lanterns and window displays <https://www.oxlightfest.com/resources> (sic)

FINDING THE LIGHT

Florence Park

Friday 18 & Saturday 19 November 2022 - 4:30 – 9:30 pm

Lanterns, lights and lasers - secret light trail

Free entry – through the Cornwallis Road main gate only

Find out how to get involved : www.flofest.uk

WINTER LIGHTS

Ark-T, Crowell Road

Friday 18 November 2022 - 5:00 – 8.00 pm

A festival of live music, creative workshops *, a family disco, a creative parade, food and a magical light garden for everyone

* *including creating a giant globe to hang in St James Church during the Christmas tree festival*

Please book : www.ark-t.org/winter-lights-2022

Pay less £3, standard £5, pay more £10

25 FREE tickets available – please ask anna@ark-t.org 01865 772 095

MAGDALEN ROAD FESTIVAL

Magdalen Road Studios and Pegasus Theatre

Saturday 19 November 2022 from 2:00 - 9:00 pm

A community celebration

Light trail – local art displays – live performances - workshops – food pop-up

As part of Oxford's Light Festival weekend, Magdalen Road Studios and Pegasus have joined forces to bring you a community celebration with workshops, art installations, & performances!

Visit our light trail, see Daytime Deewane, explore local art, and join an after party featuring live music & a food pop up.

In addition to the stunning lights display, you can also receive exclusive Pegasus theatre ticket discounts on the day to future events!

<https://pegasustheatre.org.uk/magdalenlight/>

WILKINS ROAD CHRISTMAS TREE SWITCH-ON

Sunday 20 November 2022 from 5:00 pm

Lights switch-on 5:30

Led by Grace Church



WINTER LIGHTS

Friday 18 Nov 2022 5-8pm

A festival of music, activities and food for everyone

Pay less £3, standard £5, pay more £10
Ticket price includes a meal from Waste2Taste

25
Free tickets available

For more information and tickets go to:
ark-t.org/winter-lights-2022
Ark-T Centre, Crowell Road, Oxford OX4 3LN
Email: anna@ark-t.org or call 01865 772095



Finding The Light

Lanterns, Lights and Lasers!

(There is a Secret Light Trail too)

November 18th & 19th 2022
4.30pm - 9.30pm
Florence Park
Free entrance
Access via Cornwallis Rd only

For more info about the evening and how to get involved visit : www.flofest.uk



MAGDALEN ROAD LIGHT FESTIVAL

SATURDAY 19 NOVEMBER

Magdalen Road Studios and Pegasus bring you a community celebration with workshops, art installations, & performances

food pop-up light trail
local art displays
live performances workshops

At Magdalen Road Studios & Pegasus,
Magdalen Road, OX4 1RE

MAGDALEN ROAD STUDIOS Pegasus

OXFORD BROOKES UNIVERSITY CITY OF OXFORD

Multitaka

SUNDAY SERVICES

ST JAMES CHURCH, BEAUCHAMP LANE

ST FRANCIS CHURCH, HOLLOW WAY

8.00am	St James
9.30am	St Francis
11.00am	St James

The Parish Office in St James Church Centre is staffed by volunteers and is not covered continually.

Please leave a message and someone will get back to you.

Contact details: Tel: 01865 747680

Email: office@cowleyteamministry.co.uk

Out of hours tel: 01865 778596

Website: www.cowleyteamministry.co.uk

MID-WEEK SERVICES & MEETINGS

Monday	10.00-11.30am	Little Stars Playgroup— St Francis
Tuesday	10.00am	Seashells Toddler Group— St James Church Centre
	12.30pm	Tuesday Lunch Club, St James Church Centre (numbers limited—booking essential. If interested contact Chris Woodman)

Team Rector:

The Revd Canon Dr Geoffrey Bayliss

Tel: 01865 747680 (o) 01865 778596 (h)

Email: rector@cowleyteamministry.co.uk

Curates

Revd Liam Cartwright

Email: cowleycurate@gmail.com

Revd Josh Hordern

Self-supporting Ministers

Revd Canon Mark Oxbrow

01865 461953

Email: markoxbrow@aol.com

Revd Max Diaz Butron

Email: mazdiazbutron@icloud.com

HOME AND STUDY GROUPS

Mark Oxbrow Alternate Wednesday evenings at 7.30pm, Mark's home, 13 Annesley Road (just behind the Rose Hill Co-op). Enquiries to Mark at 01865 461953

Rosanne Butler Alternate Thursday mornings, 10-11.30.. *Contact Rosanne 01865 453257*

Churchwardens:

Christine Woodman Tel: 778078

Maureen Stone Tel 747950

St James Church Centre Manager:

Chris Woodman Tel: 778078

Hall Bookings:

St James Church Centre, St James Church, St Francis Church: Please contact the Parish Office Tel: 747680

Cowley Chronicle—Editorial Team:

Sally Hemsworth, Nicki Stevens

Articles to be emailed to:

chronicle@cowleyteamministry.co.uk

Paper contributions to the Parish Office.

